

Early Start Child Health Promotion

Led by Early Start Practitioners –
Come and hear how this service can support you and your child's health

When ? - At Ann Bernadt Nursery on Friday 9th December from 9.15 – 10.15

For just an hour of your time you can learn about how to support your child through some of those areas that we all find difficult at times, such as fussy eating, toilet training, sleep routine and dental health. You will also learn about keeping your child safe at home. The session will also cover other important information about supporting your child's health, from where to obtain free vitamin D to how to obtain free medicine from your local pharmacy without visiting your GP if you are entitled to free prescriptions.



The flyer is for the 'Early Start Service' at Evelina London and Guy's and St Thomas' NHS Foundation Trust. It features a central graphic of two stylized green figures holding hands, with a smaller figure between them. The text is arranged around this graphic. At the top left is the Evelina London logo, and at the top right is the Guy's and St Thomas' NHS Foundation Trust logo. The main title 'Early Start Service' is in blue. Below it, the question 'Do you need extra support with' is in red. A list of issues follows: 'Fussy Eating' (blue), 'Toilet training' (red), 'Sleep Routine' (yellow), 'Behaviour' (green), 'Baby Massage' (yellow), 'Frequent Attendance at A&E' (green), and 'Dental Health' (blue). Below the graphic, the heading 'Who are we' is in red, followed by a paragraph describing the team of Early Start Practitioners who work with the Health Visiting Service. At the bottom, there is a red line of text stating: 'If your child is aged 0-5 years old and you would like to refer to the Early Start Service, please contact your Health Visitor.' and a yellow line of text: 'We are here to help'.

To help us plan for the event please let us know you will be coming.

I will be attending the Child Health Promotion event on Friday 9th December at 9.15am

Signed.....Parent of.....